



WHAT IS IT?

Headgear Therapy is used for one type of early correction. It consists of placing bands (metal rings) around the upper six-year molars to act as anchors onto which the headgear fits!

Headgear Treatment

This appliance is used in cases where the upper teeth or jaw are too far forward. The headgear slows the upper jaw in its forward growth and allows the lower jaw to catch up simply by developing at its natural rate during the period of early facial growth.

NOW YOUR PART...

1. Wear the appliance from 12 to 24 hours, or as you have been instructed.
2. Some temporary discomfort may be experienced during the first night or two. Molar teeth may become tender and even a little loose. Falling asleep may be difficult.
3. Once you start headgear treatment, you must keep it up continuously. Wear the headgear every day and all night. If you leave it off for just one night, you may have to wear it **MANY EXTRA NIGHTS** and extend your treatment unnecessarily.
4. Use the "score card" on the back page to keep account of the number of hours you wear the appliance each day and night. **THIS IS IMPORTANT!**
5. Don't Goof! Remember—it is your future in which we are interested.
6. Please do not wear your headgear during rough play or sports. This could result in injury to you.